

General alignment for "Round the Bay" bike ride
(biked August 2012 w/ Leif and w/ Jeff Green and family)

written 3/20/14 by L. Ames.

The general alignment can be seen at <http://www.l-ames.com/SF2012>, on the first chart.

Note that you can go to Google Maps and select "show bikeroutes".
Using that as a guide, and without drawing a detailed map, here's the general alignment:

- * N on Guad river trail to river bridge (which you don't take) and E on River Oaks Pkwy to Zanker N to 237 frontage E. Cross N on McCarthy to Coyote Crk Trail (just W of McCarthy Blvd)
- * Dixon Landing Rd E to Milpitas
→ N on Warm Springs → Osgood → Driscoll
[alt 7/19/15: from Dixon Landing, go N on Fremont → downtown Fremont, E on Washington → Driscoll]
- * Mission Blvd NW (I like to detour on Nile Blvd thru Niles District: like an old-time Willow Glen, and then back to Mission)
(we stop in downtown Hayward for lunch: Caspers Hot Dogs or La Imperial)
continue Mission to Bancroft
- * this is the key road thru Oakland! Quiet and safe, but bad areas left and right.
- * Bancroft to its end at about 48th St, then Foothill to Lake Merritt.
around west of lake to Harrison, W on Grand, N on San Pablo, N on Market.
(We stayed at a BnB in Oakland, run by our son.)
(We got a guided tour of UC Berkeley)

Get to the Bay at Aquatic Park (near Ashby/Hwy 13, by I-80)
cross to W side, go N along Bay. Trail goes around Golden Gate Fields, under the 80/580 split, and to Richmond Inner Harbor. (We like to stop at the Rosie-the-Riveter monument.)

- * W on Hoffman
- * W on Cutting to Point Richmond -- another interesting district, good for lunch
- * NE on Garrard Blvd, then to bike path along Richmond Pkwy (the eastern branch).
(There's a L on Hensley, and around to Richmond Pkwy west, to avoid a nasty interchange).
- * Follow Richmond Pkwy N to San Pablo
- * NE on San Pablo to end, L (N) on Willow Ave / Lincoln Hwy (old US 40)
(becomes San Pablo again)
- * bike on-ramp to Carquinez Bridge -- great bikelane & view!

In Vallejo: once off bridge, a slight jog E then N on Lincoln Hwy / Broadway (a block E of Sonoma Blvd). Follow for miles to its end, then over to Sonoma / Hwy 29.

* 29 becomes 12 to Napa; exit at Hwy 221 (Napa Vallejo Hwy).
(We stayed in Napa, explored town)

from downtown Napa: W on Old Sonoma Rd, then SW to Hwy 12.

W on 12. (Wide road; good lane)

NW on Napa Rd

(We took detour on Denmark St, stopped at Gundlach Bundschu Winery: good tasting!)

(we explored downtown Sonoma)

S on Arnold Dr, W on 116 (Stage Gulch Rd) to Petaluma

W on Bodega Ave; at 2 Rock, L on Tomales Rd. → Tomales-Petaluma Rd to Tomales
(stayed the night).

S on Hwy 1 to Pt. Reyes Station.

We followed 1 to Sir Francis Drake, but could have turned E earlier at Pt Reyes-Petaluma Rd and saved a hill...

Just W of Lagunitas Crk, there's the Cross-Marin off-road bike path: great! (see bike-routes on Google map).

E on Sir Francis Drake in Lagunitas

R (S → E) on Meadow Way in San Geronimo

R on San Geronimo Valley Rd., then back on Sir Francis Drake

Olema Rd → Center Blvd → San Anselmo Ave, jog W to Shady Lane,

jog E to Poplar → Kent Ave → College Ave → Magnolia Ave

→ bikepath near Holcomb Ave to Tamalpais Dr.

E on Tamalpais

S on Casa Buena Dr. (frontage to US 101)

bike-path next to 101 (avoids a steep hill)

W on Lomita Dr

S on Mill Valley - Sausalito Path, which goes for miles to Sausalito.

Bridgeway → 2nd → Alexander Ave → Golden Gate Bridge

SF: trail to Crissy Field → Marina → Fishermans Wharf → Embarcadero

→ Market SW → Valencia (past 12th)

Valencia is a great bikeway: the lights are synced for 13 MPH.

S on Valencia, jog W on Cesar Chavez, S on SJ Ave (bikepath along the highway)

exit at Bosworth, follow down-and-under S to Alemany Blvd S

* E on Geneva Ave. This is the lowest-climb exit from SF!

* S on Bayshore

* E on Oyster Point Blvd, across 101

S on Gateway → Airport Blvd → McDonnell Rd.

Best way past SFO: right thru it! Good quiet bikepath, directly under 101/SFO tangle!

McDonnell → Old Bayshore Hwy

various options: thru Coyote Point is nice, but this is shorter and nice:

- * cross 101 on bikebridge at Broadway.

- * L (SE) on Carolan Ave to end

L (NE) on Howard

R (SE) on Delaware. Follow this for miles, to and thru Co. Fairgrounds and Bay Meadows

- * exits as Pacific Blvd → Old County Rd.

- * jog L then R somewhere (e.g. Harbor, Taylor, or Holly), get on Industrial Rd.

- * Industrial → Winslow in downtown Redwood City → Middlefield.

Follow Middlefield for many miles to Mt. View.

at end, R on Mary, L on Evelyn

L on Reed → Monroe

L on Newhall, R on Park, and you're back in SJ.